

Dickson Taekwondo News

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www.dicksonaekwondo.com

February Calendar

Feb. 4th- Girl Scouts

Feb. 9th- Pre-Testing Wednesday

Feb. 10th- Pre-Testing Thursday

Feb. 12th- Testing Saturday

Children @ 10:00 a.m.

Adults @ 12:00 p.m.

Feb. 25th- Tournament Preparation

Special Class @ 5:15 p.m.

2011 Tournament Rules Clinic

Mar. 4th – 5:30 P.M. @ Dickson

Taekwondo. All Black Belts above the age of 14 are asked to attend.

School Champion Trophy

The 1st tournament of the season will be in Memphis, March 19th, in which we start collecting points to win the 4' to 6' tall school champion trophies, 1 male school champion & 1 female school champion. You score 1 point for participating in a tournament, 1 point for receiving a 3rd place trophy, 2 points for receiving a 2nd place trophy, and 3 points for a 1st place trophy. After the 5 CTF tournaments we will award the winners at our Christmas Banquet. If there is a tie, then the tiebreaker will be decided by who went to the most tournaments. If there is still a tie, the winner will be determined by who placed first place the most times. We are looking for 50% of Dickson Taekwondo students (from white belt thru black belt level) to participate in the tournament so next year we can get the first tournament back in Dickson at Dickson County High School! Will you go to Memphis to represent Dickson?!

Spring Break March 28 – April 1; make plans now!

While schools are out, children are invited to attend our Spring Break Day Camps. Plenty of Taekwondo, field trips, and good food! FUN! FUN! FUN! See Mr. Lewis for details.



February Birthdays

Ryan Glass – 1st

Tim Cheek – 3rd

Andrew Haskins – 5th

Trey Huff – 6th

Devin Huston – 10th

Julianne Hoskins – 13th

Gianna Morris – 14th

Jeanie Garrison – 17th

Cynthia Lewis – 20th

Joel Rochet – 21st

Sumara Rochet – 22nd

Tyler Lepkowski – 22nd

Joseph Churchill – 25th

Sam Garrison – 27th

Courtney Pharr – 27th

“Motivation will always beat mere talent.”

- Norman Augustine

“Enthusiasm is at the bottom of all progress. With it there is accomplishment. Without it there are only alibis.”

- Henry Ford

“Nothing is as contagious as enthusiasm.”

- Edward George
Bulwer-Lytton

“If you can give your son or daughter only one gift, let it be enthusiasm”

- Bruce Barton

Enthusiasm: Absorbing or controlling possession of the mind by any interest or pursuit.

Enthusiasm is an important ingredient for success. Think about those you know or know of who have achieved something significant. How many were not excited about what they were accomplishing? Enthusiasm about our endeavors gives us the energy and drive to accomplish our goals. When you are not excited about something you are involved with, your commitment to its success is low. Consider your own martial arts training. What aspects truly excited your passion and interest? How dedicated were you to mastering the skills and techniques associated with those areas? In those areas that did not generate enthusiasm, was your performance as good? Enthusiasm drives us to success. When we are enthusiastic, we are focused on achieving our goals. We are so involved in creating the accomplishment, that we create our own positive momentum.

1. What are some characteristics of enthusiasm?
2. When you are enthusiastic about what you are doing, how does that affect your performance?
3. When you are enthusiastic about what you are doing, how do others react to you?

For God so lo**V**ed the world,
That He g**A**ve
His on**L**y
Begott**E**n
So**N**

That whoever
Believeth **I**n Him
Should **N**ot perish,
But have **E**verlasting life.

John 3:16