

Dickson Taekwondo News
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www.dickson.taekwondo.com



June Birthdays

Mackenzie Powell – 2nd
Ethan Morris – 3rd
McKenzie Graybill – 4th
Chris Duncan – 4th
Sam England – 6th
Ethan Forster – 10th
Robbi Selvidge – 10th
Joey Bowen – 13th
Cade Rich – 14th
Seth Roberts – 15th
Harrison Steanson – 19th
Braden Dawson – 20th
Tarrah Taylor – 24th
Zach Fulcher – 27th
James Smith – 28th
Reilly Rich – 30th

Respect – being thoughtful, courteous, and showing care and regard for yourself, other people, and things.

Let's break down this definition of respect. First of all, the definition tells us that respect is showing care and regard for ourselves. If you want others to respect you, you must first have self-respect. Self-respect is what lets you act in positive ways and stand up to harmful or hurtful actions.

Secondly, it tells us that respect is the act of being thoughtful and courteous to other people and things. Respect is treating others the way you want to be treated, and being thoughtful of their feelings. Accept people who seem different than you by being fair, polite, and patient when they make mistakes. Look around you. Does everyone look, act and behave the same? Of course not, being different is what makes us unique and special; therefore, you should respect that.

If you are going to be missing classes due to vacation, playing ball, etc., camps are a great way to make up missed classes!



Make Father's Day More Meaningful

Learn Self-Defense!

Celebrate Father's Day with our special adult self-defense course – it's a great gift for you and your family.

You'll learn self-defense techniques and develop more confidence to stand your ground in all situations. You'll discover a renewed intensity of focus, and benefit from a fitness workout that will help you lose weight and reduce stress and anxiety.

Your family and friends will recognize a new you in just a few weeks!

Call today and ask about our special enrollment offer for the Father's Day Self-Defense Course!

We already teach your neighbors the same fitness, confidence-building and leadership skills that will benefit you!

June Calendar

Sign up for any or all of the 4 weeks of exciting summer camp!!!

- June 6th – 10th
- June 13th – 17th
- July 12th – 22nd
- July 25th – 29th

Summer camp is from 8:00 a.m. to 4:00 p.m. but you can drop off as early as 6:15 and pick up as late as 5:15 p.m.

**JUNE 11th SATURDAY
TESTING
CHILDREN @ 10:00 am
ADULTS @ 12:00 pm (12
YEARS & OLDER)**