



DICKSON TAEKWONDO NEWS

www.dickson.taekwondo.com

446-5622



October Birthdays!

Alexis England – 4th
Drew Hicks – 8th
Anna Cole – 9th
Graison Cox – 12th
Ashley Martin – 14th
Michael Harris – 15th
Kali Jo Davidson – 16th
Emily Blount – 20th
Caleb Harris – 21st
Gage Widner – 24th
Tanner McClurkan – 31st



Fall break is here, and Dickson Taekwondo will be holding two fun-filled day camps!!! Not only will children be exposed to traditional martial arts classes, but lots of fun and educational field trips are planned as well! Check with Mr. Lewis for the complete schedule and to sign up!

TEAMWORK

“As much as we admire solo achievement, the truth is that no lone individual has done anything of value... Nothing of significance was ever achieved by an individual acting alone”
- Dr. John Maxwell, author, *The 17 Indisputable Laws of Teamwork*

While we easily see the role teamwork plays in our professional lives, or in specifically identified “team sports,” or even in our social and family life, it is not always easy to see the teamwork involved in helping us grow as martial artists. Very often, the martial arts are viewed as an individual pursuit, with little emphasis on teamwork.

However, consider all of the people involved in helping you develop your martial arts skills. There is the owner of the martial arts school you attend. This person has taken all of the risks associated with being an entrepreneur in order to provide your martial arts training. There is also your specific instructor(s). These committed people give of their time to help you develop your skills. They offer you their knowledge and expertise, and work to ensure you grow in your understanding of your martial art.

In addition, there are your classmates. These students often serve as assistant instructors. Sometimes they directly help in providing instruction. Other times, they serve as role models, demonstrating everything from proper technique and posture to the appropriate attitude of a martial artist. Without these students, your training would not be as smooth and consistent as it should.

Finally, there are your friends, family, and training partners. Sometimes these are all the same individual. Other times, there are multiple individuals filling these roles. But they all have one thing in common – they support your effort to improve yourself through the martial arts. Family and friends encourage you in your training, and celebrate each step of progress with you. Your training partner(s) helps provide motivation and accountability, so you will be able to push through those rough times that challenge us all.

The next time you’re tempted to think your progress in martial arts is due entirely to your own efforts, consider the “team” assembled around you that make that progress possible. Without each of those teammates, what would your martial arts experience be like? How would your training and progress be affected?

In addition, consider how many teams you are a part of as well. The fact is, you fill some of these roles for others also. Are you a good team member? Do you take your responsibilities seriously? Can your teammates rely on you?

As Dr. John Maxwell writes in his book, *The 17 Indisputable Laws of Teamwork*, we are all a part of many different teams. The question is, “Will your involvement with others be successful?” Recognizing and understanding the importance of teamwork will help you answer that question with a resounding “Yes!”

October Calendar

Oct 3rd – 7th: Fall Camp!

Oct 5th & 6th: Pre-testing

Friday, Oct 7th: Hickman Co.
TKD testing @ 6:00 PM

Saturday, Oct 8th: Testing
Children @ 10:00 AM
Adults @ 12:00 PM
(12 and above)

Oct 10th – 14th: Fall Camp!

Oct 14th: Come join the fun as we have our annual Fall Festival! We will roast hot dogs, bob for apples, and have a 3 legged race, tow sack race, hay ride, and more! Look for the food list being passed around.

Nov 5th: CTF National Tournament in Nashville at Good Pasture! Support our black belts who will be competing for the National Jacket!

- 9-10 yr old 1st & 2nd Degree: Julianne Hoskins
- 9-10 yr old 1st & 2nd Degree: Clay Cheek
- 15-17 yr old 1st & 2nd Degree: Jacob McKeel
- 18-34 yr old 1st & 2nd Degree: Whitney Curtis
- 45 & older 1st & 2nd Degree: Kris Blount
- 18-34 yr old 3rd Degree & Up: Lucius Lewis
- 45 & older 3rd Degree & Up: Larry Moulton
- Women’s Power Breaking: Olivia Rosado

HALLOWEEN SAFETY TIPS

Carry a flashlight Walk, don't run.

Stay on Sidewalks Obey traffic signals

Stay in familiar neighborhoods

Don't cut across yards or driveways.

Wear a watch you can read in the dark.

Make sure costumes don't drag on the ground.

Shoes should fit (even if they don't go with your costume)

Avoid wearing masks while walking from house to house.

Carry only flexible knives, swords or other props.

If no sidewalk walk on the left side of the road facing traffic

Wear clothing with reflective markings or tape.

Approach only houses that are lit.

Stay away from and don't pet animals you don't know.

No tricks only treats at Dickson Taekwondo (446-5622)

WWW.DICKSONTAEKWONDO.COM

Have a safe and fun Halloween